

THE GREAT CHANGE AGENT

John 14: 25-28

In this season of Sheltering in Place we have experienced mixed emotions. We know that staying home helps control the spread of the coronavirus. Medical personnel are helping us to use every precaution to prevent this contagious virus from infecting more people. This pandemic not only affects our physical health but also our emotional health.

Separating ourselves from one another has affected our emotional health. It has led to distress, disappointment and depression. We are created as social beings. Being disconnected from people is not natural for us. The longer we are disconnected the more frustration can set in. In the meantime we are looking for a way out of the darkness of our soul.

There is one who can perfect a change in our life. He can help us to navigate the transitions that we encounter in life. He is able to transform our darkness into light and our wilderness experience to a place of comfort. He is able to give us God's best and not settle for less. His name is Jesus who is the great change agent.

Our text informs us of three ways that Jesus prepared His disciples for His departure as The Great Change Agent. To help us with our emotional health we must realize:

1. The Lord is Present.
 - A. The Helper can reach you
 - B. The Helper can teach you
 - C. The Helper can lead you

2. The Lord is our Peace.
 - A. Peace in the midst of trouble
 - B. Peace in the midst of our trials
 - C. Peace in the midst of our triumph

3. The Lord is our Power.
 - A. Power when we are rejected
 - B. Power when we are revived
 - C. Power when we rejoice